

How to grade your dog's food: Start with a grade of 100:

- 1) For every listing of "by-product", **subtract** 10 points
- 2) For every non-specific animal source ("meat" or "poultry", meat, meal or fat) reference, subtract 10 points
- 3) If the food contains BHA, BHT, or ethoxyquin, subtract 10 points
- 4) For every grain "mill run" or non-specific grain source, subtract 5 points
- 5) If the same grain ingredient is used 2 or more times in the first five ingredients (i.e. "ground brown rice", "brewer's rice", "rice flour" are all the same grain), subtract 5 points
- 6) If the protein sources are not meat meal and there are less than 2 meats in the top 3 ingredients, subtract 3 points
- 7) If it contains any artificial colorants, subtract 3 points
- 8) If it contains ground corn or whole grain corn, subtract 3 points
- 9) If corn is listed in the top 5 ingredients, subtract 2 more points
- 10) If the food contains any animal fat other than fish oil, subtract points
- 11) If lamb is the only animal protein source (unless your dog is allergic to other protein sources), subtract 2 points
- 12) If it contains soy or soybeans, subtract 2 points
- 13) If it contains wheat (unless you know that your dog isn't allergic to wheat), subtract 2 points
- 14) If it contains beef (unless you know that your dog isn't allergic to beef), subtract 1 point
- 15) If it contains salt, subtract 1 point

Extra Credit:

- 1) If any of the meat sources are organic, **add** 5 points
- 2) If the food is endorsed by any major breed group or nutritionist, add 5 points
- 3) If the food is baked not extruded, add 5 points
- 4) If the food contains probiotics, add 3 points
- 5) If the food contains fruit, add 3 points
- 6) If the food contains vegetables (NOT corn or other grains), add 3 points
- 7) If the animal sources are hormone-free and antibiotic-free, add 2 points
- 8) If the food contains barley, add 2 points
- 9) If the food contains flax seed oil (not just the seeds), add 2 points
- 10) If the food contains oats or oatmeal, add 1 point
- 11) If the food contains sunflower oil, add 1 point
- 12) For every different specific animal protein source (other than the first one; count "chicken" and "chicken meal" as only one protein source, but "chicken" and "" as 2 different sources), add 1 point

- 13) If it contains glucosamine and chondroitin, add 1 point
- 14) If the vegetables have been tested for pesticides and are pesticide-free, add 1 point

94-100+ = A 86-93 = B 78-85 = C 70-77 = D 69 = F

Here are some foods that have already been scored. If you don't see your dog's food here, score it yourself. It is for you best friend!

Dog Food scores:

Dick Van Patten's Natural Balance Ultra Premium / Score 122 A+
Authority Harvest Baked / Score 116 A+
Chicken Soup for the Senior Dog Lover's Soul / Score 115 A+
Innova Dog / Score 114 A+
Innova Evo / Score 114 A+
Artemis Adult Dog & Small Breed Adult / Score 113 A+
Canidae / Score 112 A+
Wellness Super5 Mix Chicken / Score 110 A+
Kirkland Signature Chicken, Rice, and Vegetables / Score 110 A+
Dick Van Patten's Duck and Potato / Score 106 A+
Foundations / Score 106 A+
Royal Canin Natural Blend Adult / Score 106 A+
ProPlan Natural Turkey & Barley / Score 103 A+
Royal Canin Bulldog / Score 100 A+
Diamond Large Breed 60+ Formula / Score 99 A
Wolfking Adult Dog (bison) by Solid Gold / Score 97 A
Sensible Choice Chicken and Rice / Score 97 A
Hund-n-Flocken Adult Dog (lamb) by Solid Gold / Score 93 B
Diamond Lamb Meal & Rice / Score 92 B
Nutrisource Lamb and Rice / Score 87 B
Nutro Natural Choice Large Breed Puppy / Score 87 B
Nutro Natural Choice Large Breed Lamb & Rice 80 C
Life's Abundance / Score 81 C
Iams Lamb Meal & Rice Formula Premium / Score 73 D
Science Diet for Large Breed Puppies / Score 69 F
Bil-Jac Select / Score 68 F
Diamond Maintenance / Score 64 F
Science Diet Advanced Protein Senior 7+ / Score 63 F
Purina Dog / Score 62 F
Pet Gold Adult with Lamb & Rice / Score 23 F
Purina Beneful / Score 17 F
Purina Come-n-Get It / Score 16 F